

Tooth Extractions

1. While your mouth is numb, be careful not to bite your cheek, lip, or tongue
2. If Dr. Luber has placed a gauze pack on the extraction site, leave it in place for 60-90 minutes after you leave the dentist's office. Do not chew on the pack. You may change this every 15 minutes.
3. If there is some bleeding or oozing after the pack is removed, fold a piece of clean gauze into a pad thick enough to bite on. Dampen the pad and place it directly on the extraction site. Apply moderate pressure by closing the teeth firmly over the pad. Maintain the pressure for as long as necessary to control the bleeding.
4. To help reduce swelling and pain, apply cold compress to the face, as directed.
5. Do not smoke, or rinse your mouth vigorously, or drink through a straw for 24 hours.
6. After the extraction, drink plenty of liquids and eat soft, nutritious foods. Avoid hot liquids and alcoholic beverages. Begin eating solid foods the next day or as soon as you can chew comfortably. For the first few days, try to chew food on the side opposite of the extraction site. When it feels comfortable, you could resume chewing on both sides of your mouth.
7. Do not clean the teeth next to the healing tooth socket for the rest of the day. You should, however, brush and floss your other teeth thoroughly. **Gently** rinse your mouth afterward.
8. Limit strenuous activity for 24 hours after the extraction.
9. If Dr. Luber has prescribed medication to control and prevent infection, use it only as directed. If the pain medication prescribed does not seem to work for you, do **not** increase the dosage. Call Dr. Luber. If you have any other difficulties with the medication, call Dr. Luber.
10. If you have prolonged or severe pain, swelling, bleeding, fever, nausea, or vomiting, call Dr. Luber immediately. If you cannot reach Dr. Luber, go to a hospital emergency room.
11. If you have sutures that require removal, Dr. Luber will instruct you when to when to return to the office.

Call 513.677.0383 with any questions. Dr. Luber is made aware of any messages.